

Self-Regulated Learning in University Musicians Participant Information and Consent

UNSW Australia; The University of Melbourne
HREA Approval No 14 107



UNSW
AUSTRALIA

DR PAUL EVANS
SCHOOL OF EDUCATION

Introduction

You are invited to take part in this research project, which is called *Self-Regulated Learning in University Musicians*. The researchers are Dr Paul Evans (UNSW) and Prof Gary McPherson (University of Melbourne). You have been invited because we are interested in understanding effective practice strategies used by university musicians. Staff at UNSW Australia and the University of Melbourne were asked to forward this invitation to you.

This Participant Information Sheet and Consent Form tells you about the research project. It explains the processes involved with taking part. Knowing what is involved will help you decide if you want to take part in the research.

What is the purpose of this research?

The purpose of the study is to better understand how university musicians practice. This is a relatively underresearched area, however studies on other domains (such as professional sports and school classrooms) tells us that the strategies used by developing experts are crucial to their development. The study contributes to a growing body of knowledge about the keys to success in motivation and practice for music learners.

Why have I been invited to participate in this research?

You have been invited to participate in the research because you are a university music performance student at UNSW Australia or the University of Melbourne. If you are such a student you are eligible to participate in the study.

Description of study procedures and risks

If you decide to participate, the study will involve providing information about your practice to the investigator. You will meet with the researcher at a University practice room when and where you would normally practice. The researcher will ask you questions about what you have planned for your practice session. In some cases, the researcher will then observe you practising, and then ask some further questions during and after the practice session. The practice sessions will also be video recorded so that you and the researcher can replay parts of the practice session to better understand what you were doing. The researchers will retain the video for further analysis of your behaviours during the practice session (e.g., what you were playing on your instrument, how much time you spent playing your instrument compared with doing other things). In other cases, you will be asked to video record your practice session, then meet with the researchers on a separate occasion to replay the video and discuss its content. Either procedure should take no more than 30 minutes of your time.

If you decide to participate, the investigators will also ask staff at UNSW Australia and the University of Melbourne to provide them with marks from your most recent performance exam and for your next exam.

There is no risk of harm for participating in the study besides that which would normally arise during a regular practice session. If you experience anxiety during the practice session, you can withdraw your participation at any time without prejudice. You can also access the counselling service for free at your university at any time.

What are the possible benefits of taking part?

We will provide you with a report on the results of the study which may help you to improve the effectiveness of your practice in the future. We cannot and do not guarantee or promise that you will receive any benefits from this study.

What are the alternatives to participation?

Participation in this research is voluntary. If you don't wish to take part, you don't have to. Your decision not to participate will not affect your grades or your future relations with the investigators, UNSW Australia, the University of Melbourne.

Confidentiality and disclosure of information

Any information that is obtained in connection with this study and that can be identified with you will remain confidential and will be disclosed only with your permission, except as required by law. If you give us your permission by signing this document, we plan to present the results at academic conferences and in academic research journals. In any publication, information will be provided in such a way that you cannot be identified.

Complaints

Complaints may be directed to the Ethics Secretariat, The University of New South Wales, SYDNEY 2052 AUSTRALIA, phone (02) 9385 4234, fax (02) 9385 6222, email humanethics@unsw.edu.au. Any complaint you make will be investigated promptly and you will be informed of the outcome.

Feedback to participants

If you indicate on the consent form that you would like to receive feedback, we will provide a report on the findings of the study.

Your consent

Your decision whether or not to participate will not prejudice your future relations with UNSW Australia or the University of Melbourne. If you decide to participate, you are free to withdraw your consent and to discontinue participation at any time without prejudice.

If you have any questions, please feel free to ask us. If you have any additional questions later, Dr Paul Evans (9385 1977; paul.evans@unsw.edu.au) will be happy to answer them.

You will be given a copy of this form to keep.

Self-Regulated Learning in University Musicians Consent Form

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Declaration by Participant

- I have read the Participant Information Sheet or someone has read it to me in a language that I understand.
- I understand the purposes, procedures and risks of the research described in the project.
- I have had an opportunity to ask questions and I am satisfied with the answers I have received.
- I freely agree to participate in this research project as described and understand that I am free to withdraw at any time during the project without affecting my future care.
- I understand that I will be given a signed copy of this document to keep.

Signature of Participant

Signature of Witness

Name of Participant

Name of Witness

Date

Nature of Witness

Email (only if you would like to receive feedback on the findings of the study)

Self-Regulated Learning in University Musicians Revocation of Consent Form

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I hereby wish to withdraw my consent to participate in the research proposal described above and understand that such withdrawal will not jeopardise any treatment or my relationship with UNSW Australia or the University of Melbourne

Signature of Participant

Name of Participant

Date

The section for Revocation of Consent should be forwarded to:
Dr Paul Evans, School of Education, UNSW Sydney 2052, Australia.
paul.evans@unsw.edu.au